



Competitive Program

Athlete & Parent Expectations

****To enter the competitive program, all athletes must be recommended by an Airdrie Sky High Twirlers coach****

Please read this carefully as it outlines the commitment, expectations and responsibilities required for participation in the ASHT Competitive Program.

Requirements for Athletes in the Competitive Program:

- Attend classes for the full season** – Due to the team/group component of the competitive program, all athletes are expected to commit for the full year. Consistent attendance is essential for both individual and team success. Please notify your coach of any absences by email and provide email notice to both your coach and the ASHT Board for any extended absences. Refer to the ASHT Handbook for the complete attendance policy and additional details.
- Attend Alberta competitions** - Athletes in the competitive program are expected to attend the Alberta competitions selected by the head coach. Competition attendance is an important part of athlete development, team participation and overall program commitment. Below is a list of the competitions typically attended for this level of athlete:

Competition Name	Mandatory?	Approximate Dates	Tentative location
ASHT Team/Group Choreography Sessions	Yes - all competitive levels	September 8-10, 2026	Airdrie
ABTA Fall Camp	Highly Recommended	October	Spruce Grove
ASHT Showcase	Yes - all competitive levels	January	Airdrie
Glitter & Gold Competition	Coaches' Discretion	January	Calgary
Valentines Competition	Yes - all competitive levels	February	Spruce Grove
Nations Cup Qualifiers	Coaches' Discretion	February or May	Varies, TBD
Wild West Competition	Yes - all competitive levels	March	Calgary
Sweet Pea Competition	Yes - all competitive levels	April	Olds
Tulip Twirl Competition	Yes - all competitive levels, if individual competitive events are offered	April	Airdrie
ABTA Provincials	Yes - all competitive levels	May 7-9, 2027	Olds
Movin' On Up Competition	Coaches' Discretion	Beginning of June	Airdrie
ASHT Recital	Yes - all competitive levels	End of May/Beg of June	Airdrie
CBTF Nationals	Yes - levels B & A Level C – Mandatory if local, highly recommended if not	Beginning of July	Varies, TBD

3. **Additional Dance & Acro Training** – Enrollment in a dance class is **mandatory** for all competitive athletes, as it supports performance quality, flexibility, musicality and overall athlete development. Enrollment in an acro class is **highly recommended** to help athletes build strength, coordination and body control. Classes may be taken at ASHT or a studio of your choice, subject to coach approval.
4. **Rolls and Compulsories Training** – Athletes are **highly recommended** to enroll in ASHT's Rolls and Compulsories training to support skill development, improve technique and build consistency in foundational baton skills. Athletes who are working toward entering compulsories will begin by participating in the CBTF Skills Development Program (badge program) to help develop the skills and progression required for compulsories training.
5. **Nations Cup Training** – **Highly recommended** for athletes working toward qualification for the 2027 Nations Cup Qualifier. Training will consist of 15 sessions running from September to May and is open to athletes aged 12+ in BN level and higher.
6. **Juggling** – Available to athletes ages 6 and older to help develop foundational juggling skills in preparation for 2-baton and 3-baton routines. Juggling instruction is included as a part of Saturday individual training sessions for the competitive team

Expectations of Parents/Guardians (or athlete if over 18)

1. **Attend and participate in ASHT AGM and General Membership Meetings** - Families are expected to attend and participate in club meetings to stay informed and involved in the direction and operation of the club.
2. **Represent ASHT at Central Region Meetings** – Families may be asked to represent ASHT at Central Region meetings throughout the year on a rotational basis.
3. **Fundraising Participation** – Participation in club-wide fundraising initiatives is mandatory for families in the competitive program. Fundraising activities may take place throughout the fall, winter, and spring seasons and can include initiatives such as raffles, bottle drives, 50/50 sales, and any other club fundraising events as communicated by the ASHT Board.
4. **Volunteer Commitment** – ASHT is a volunteer-run club, and the success of our programs depends on the support and involvement of our families.
 - All competitive program families are expected to contribute throughout the season by volunteering on a committee and/or serving on the ASHT Executive/Parent board when needed.
 - **Competitive families will be required to pay a \$200 volunteer deposit** at the start of the season. This deposit will be fully refunded once all volunteer commitments have been completed. If volunteer commitments are not fulfilled, the deposit will be retained by the club, with the use of these funds to be determined by the ASHT Board.
 - **Volunteer expectations for competitive families for 2026/2027 include:**
 - Completion of a minimum of **15 hours of ASHT-related volunteer service** throughout the season. Volunteer opportunities may include, but are not limited to:
 - Working at the ASHT Showcase, Recital or an ASHT-hosted competition
 - Assisting at community events such as AirdrieFEST, Children's Festival or walking in a parade
 - Volunteering at an ASHT bottle drive
 - Additional volunteer opportunities will be communicated throughout the season

- Completion of a minimum of **2 volunteer shifts at each mandatory competition requiring volunteers**. Volunteer requirements vary by competition; however, families should expect this commitment at a minimum for the Wild West competition and ABTA Provincials. **Please note:** Competition volunteer shifts do not count towards the required ASHT volunteer hours unless the competition is hosted by ASHT.

Central Region Bingos

Families of Airdrie Sky High Twirlers may choose to participate in Central Region Bingos to help offset the costs of their class fees, provided Central Region continues to offer this fundraising opportunity. **Participation is entirely optional**, and the amount earned per shift may vary from season to season. During the 2025/2026 season, families received \$75 per shift.

Please note that volunteering at CR bingos do not count toward required ASHT volunteer hours or fundraising commitments.

Class Structure

Included in ASHT program class time will be training and practice for Solo, 2-Baton, Medley, Solo Dance Twirl, 3-Baton, Duet, and Team/Group routines. Additional choreography or stylization for routines must be completed outside of regular class time through private lessons.

Freestyle and Pair events are optional and may be offered during Sunday practices. Choreography and routine development for these events must also be completed through private lessons outside of regular class time.

Tentative Schedule (to be confirmed once registration is complete)

- **Individual Training** - 2.5 hours on Saturday mornings at Genesis Place. Training will include individual routines, juggling, conditioning, and skill development. Times TBD.
- **Team/Group Training:** 2.5 hours on Wednesday evenings at Genesis Place for both small and large team/group routines. Times TBD.
- **Nations Cup Training:** 3 hours on Sunday mornings at Genesis Place (15 classes between Sept-May) This training opportunity is open to athletes ages 12+ who are at the BN level or higher and are working toward qualification for the 2027 Nations Cup Qualifier.
- **Team Placement:** Teams will be determined by the coaching staff over the summer once registration is complete and athlete return numbers are confirmed. Coaches will consider a variety of factors, including baton training level, athlete compatibility, commitment, and overall team needs when determining placements. Team placement and music decisions are final.

Registration Deposit & Fees

A non-refundable deposit (\$20 per class plus last month's fees) is required once athlete placement and registration have been finalized. All program fees are expected to be paid on time and in accordance with the club's payment schedule. Families experiencing financial difficulties are encouraged to contact the ASHT Board to discuss arrangements prior to missed payments.

A full fee schedule will be available at registration.

Families who anticipate difficulty meeting any of the program requirements are encouraged to contact the ASHT Board and Head Coach **prior to registering**.

Registration and placement within the competitive program will be dependent on the ability to fulfill the expectations outlined above.